



**A monthly newsletter for 4-H Members, Leaders, Parents, Alumni, and Supporters in Santa Barbara County**

**March 2022**



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## **SBC 4-H Facebook Page**

Please be sure to **LIKE** and  
follow our 4-H Facebook page  
to keep up with current info/  
updates.



## **SBC 4-H Instagram Page @sbcounty4h**



[http://www.sb4h.org/Phase\\_II/](http://www.sb4h.org/Phase_II/)

[http://safety.ucanr.edu/Programs/emergency/Current\\_Health\\_Alerts/](http://safety.ucanr.edu/Programs/emergency/Current_Health_Alerts/)



University of California

Agriculture and Natural Resources

2/22/22

## **Covid-19 Protocol Guidelines and Updates for Limited In-Person Activities**

### **Safety Standards for ALL 4-H Activities**



**Do not participate in any in-person 4-H activities if you are sick or have COVID-19 symptoms or if you or someone you have been in contact with has been diagnosed with COVID-19.**

#### **Symptoms include:**

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat, Congestion or runny nose
- Nausea or vomiting
- Diarrhea

#### **Procedures to follow each meeting:**

- Check your temperature before you come. Do not come to a meeting if you had a fever within the last 48 hours.
- Watch for others symptoms.
- Practice physical distancing.
- Keep a record of the meetings you have gone to, with dates. (If you or someone you live with gets sick within 48 hours, let your leader know immediately)

#### **Face Mask Use**

- Masks are required for all persons, regardless of vaccination status for indoor gatherings.
- Outdoor activities with youth and adults: No face masks required.

#### **Indoor Physical Distancing**

- Protocols for Indoor Activities: a. When youth and adults are present: i. Masks are required for all persons, regardless of vaccination status for indoor gatherings. b. When only adults are present: i. For meetings with groups of 4-H adult volunteers (no youth members present), those who are fully vaccinated are not required to wear masks. c. Maintain social distancing of 3 feet

#### **Outdoor Physical Distancing**

Protocols for Outdoor Activities: a. Masks are not required. b. Maintain social distancing of 3 feet. i. If social distancing is not possible, a mask is required. c. Maximum number of participants at outdoor gatherings sponsored/hosted by UC 4-H must be under 5000 people. i. For events greater than 5000 participants, please reach out to our local 4-H office since for large events we need to seek state approval.

<https://covid19.ca.gov/mega-events/>

#### **Maintain hygiene practices**

- After each use, clean and disinfect workspaces and equipment, wash hands often, and/or use hand sanitizer.
- Do not share items. Please confirm with your leader what items to bring to a meeting.

We Are 4-H is published by the 4-H Youth Development Program in Santa Barbara County, University of California, Cooperative Extension, Division of Agriculture and Natural Resources. We Are 4-H is a monthly newsletter for Santa Barbara County 4-H leaders, members, parents, alumni, and supporters.

Please submit articles and photos by the 15th of each month to:

Andrea Hollister, Editor  
aeborunda@ucanr.edu



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## Four Leaf Clover Foundation

Supporting 4-H members in Santa Barbara County.

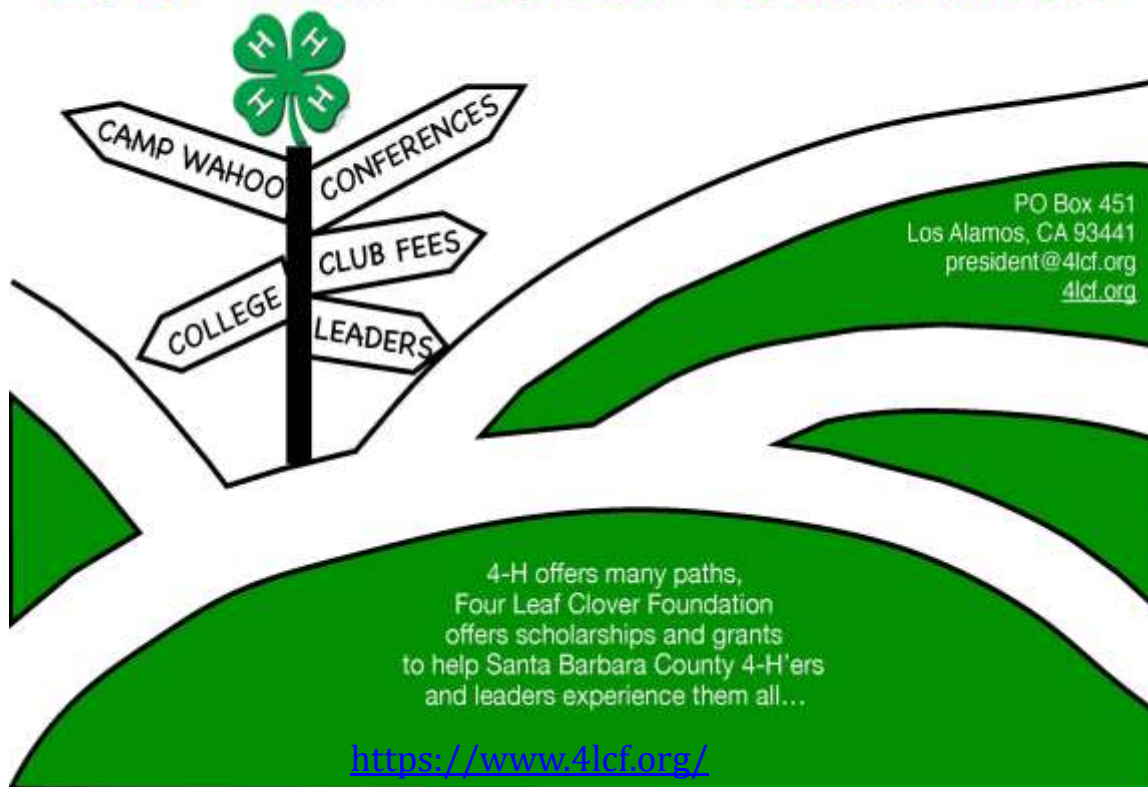
<https://4lcf.org/>

The Four Leaf Clover Foundation encourages members to stay in 4-H all through high school by awarding scholarships for continued education – either college or vocational school. High school seniors are encouraged to apply for a scholarship of up to \$2000. Multiple scholarships awards are made based on active 4-H participation with emphasis on leadership, citizenship, community service and service learning accomplishments. Download the [College Scholarship Application](#) form. Some browsers will open the application form, but not let you fill in the blanks. If this happens, download the pdf form and open it with [Adobe Acrobat DC](#) or another pdf viewer that supports pdf forms.

- Complete the application form and have signed by applicant, parent and 4-H Leader.
- Arrange for a Letter of Recommendation from a Community Leader or Leader from another club. (Use form that is part of the download package)
- Arrange for a Letter of Recommendation from an individual who is familiar with your leadership and service learning activities.
- Attach copies of your 4-H Personal Development Report. This year's PDR should be completed to date (including 4-H Story with emphasis on leadership and service learning) and signed by parent/guardian and 4-H Leaders. All pages must accompany the completed application. You must use the most recent California PDR long form.
- **Submit the completed application on or before April 21** of the current year

If you have any questions, send an email to [scholarships@4lcf.org](mailto:scholarships@4lcf.org)

## Four Leaf Clover Foundation



<https://www.4lcf.org/>

# Scholarship and Community Opportunities for 4-H Youth



[Click here for information](#)

## Scholarship Requirements

The Santa Barbara County Farm Bureau's G.A.A.T.E. Scholarship Program was organized to give financial aid to students with a desire to pursue a career in the agriculture industry. The scholarships are awarded annually based upon academic achievement, career goals, extracurricular activities, determination, leadership skills, and a commitment to study agriculture. There can be up to three scholarships awarded each year, one \$1,000, one \$500, and one \$250.

**If you have other opportunities that you would like us to share here please email them to [aeborunda@ucanr.edu](mailto:aeborunda@ucanr.edu) by the 15th of the month.**

**Don't forget to check out other great scholarships on our 4-H page!**

[https://sb4h.org/Youth\\_Members/Scholarship/](https://sb4h.org/Youth_Members/Scholarship/)

## California 4-H Scholarships

The candidate for any California 4-H scholarship must be enrolled in the California 4-H Youth Development Program at the time of high school graduation or equivalent. Please see the [California 4-H Scholarships page](#) for more information about the scholarships and qualifications to apply.

Applicants may apply for multiple scholarships but are only eligible to receive one scholarship per year. Previous scholarship recipients may reapply.

Available scholarships:

- Dean Memorial Legacy Scholarship
- Flaco Feldmiller Scholarship
- LA-CO Industries Scholarship
- Mabel W. Jacks Scholarship
- Samarin Family Vocational Education Scholarship
- David Steele Memorial Scholarship
- Joanne Ward Memorial Scholarship



All California 4-H scholarships use the same application. Please complete the application only once. Please see the [California 4-H Scholarships page](#) for more information about the scholarships and qualifications to apply.



# 4-H Horse Mastership Project in SBC

We are currently looking for a 4-H Leader to lead the 2020-2021 4-H County Horse Mastership Project.



If you are interested in this volunteer position please email [aeborunda@ucanr.edu](mailto:aeborunda@ucanr.edu) with the 4-H office to learn more

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## State 4-H News & Updates

**National 4-H Shooting Sports Workshop** California is hosting a National Level 2 instructor training for all disciplines

**May 2 – 5, 2022**

**Winton, CA**

**Early Bird Registration (Through March 1st): \$160/person**

**Regular Registration (After March 1st): \$200/person**

**Registration Closes March 21st**

**To register please contact your local 4-H Office staff member**



Hello All,

Just a quick reminder that a National 4-H Shooting Sports Workshop will be held in Merced County and the deadline for Early Bird Registration is almost here! This workshop will certify participants as state instructors for the following discipline of their choice: archery, coordinator, hunting, muzzle loading, pistol, rifle, shotgun, or Western Heritage. The cost covers meals and course materials.

Please share this information with leaders in your county who may be interested in an in-depth shooting sports training. This is only the second time a national workshop has been held in California.

Best Regards,

John Borba, Russ Hill, Nate Caeton and The California 4-H Shooting Sports Advisory Committee

**For more Shooting Sports information from the State 4-H Office — visit:**

**[https://4h.ucanr.edu/Projects/STEM/SET\\_Projects/ShootingSports/](https://4h.ucanr.edu/Projects/STEM/SET_Projects/ShootingSports/)**

# California 4-H State Field Day 2022

This year we are offering both virtual and in-person options for most contests, to give 4-H members a choice on how they want to participate.

A green poster with white text and a 4-H logo. The text is arranged in a vertical column on the left, with the dates and events listed. The right side of the poster features the large, bold text 'SAVE THE DATE' in white, with the 4-H logo positioned to the right of the word 'THE'.

**CALIFORNIA 4-H  
STATE FIELD DAY**

**VIRTUAL  
MAY 11-21, 2022**

**IN-PERSON  
MAY 28, 2022**

**VIRTUAL AWARD  
CEREMONY  
MAY 29, 2022**

Presentation Events  
State Fashion Revue  
Interview Contest  
Plant Science Contest  
Film Festival  
Photography Contest  
Robotics Competition  
4-H Coding Challenge  
4-H STEM Shark Tank

[ucanr.edu/4-h-sfd22](http://ucanr.edu/4-h-sfd22)

**SAVE  
THE  
DATE**



# Forever 4-H Santa Barbara County Endowment

Help us keep 4-H thriving in Santa Barbara County!

Become a ONE TIME or ANNUAL supporter of the *Forever 4-H Santa Barbara County Endowment*. This Endowment is a fund designed to ensure sustainable funding for 4-H programming in Santa Barbara County for years to come!

To make your online, tax-deductible donation by credit card, click on the link below and choose “Forever 4-H Santa Barbara County Endowment” from the dropdown menu.

**CLICK THE LINK BELOW TO DONATE TODAY!!**

[Click HERE to  
DONATE](#)

Thank you for helping us create a legacy and continue to provide wonderful programming to youth in Santa Barbara County!

## 4-H County Master Calendar 2022

**3/5/2022** SBC Presentation Day

**05/11-21/2022** [Virtual State Field Day](#)

**07/13-17/2022** [Santa Barbara County Fair](#)

**If you have an event you would like to have published on the website, Facebook page or this newsletter please contact [Andrea.aeborunda@ucanr.edu](mailto:Andrea.aeborunda@ucanr.edu)**

## News from around the County



LUCKY CLOVER 4-H CLUB

### 4-H helps cultivate public speaking skills

[https://syvnews.com/lifestyles/columns/4-h-helps-cultivate-public-speaking-skills-hadleigh-bolton/article\\_6c708c7c-bff6-502b-8e7f-7c138f19709e.html](https://syvnews.com/lifestyles/columns/4-h-helps-cultivate-public-speaking-skills-hadleigh-bolton/article_6c708c7c-bff6-502b-8e7f-7c138f19709e.html)

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### 4-H offering new public speaking format

[https://santamariatimes.com/lifestyles/columnist/4-h-offering-new-public-speaking-format-xavier-lovering/article\\_8d04fa2b-4d14-508c-bc98-e8df02e9d690.html](https://santamariatimes.com/lifestyles/columnist/4-h-offering-new-public-speaking-format-xavier-lovering/article_8d04fa2b-4d14-508c-bc98-e8df02e9d690.html)

