



A monthly newsletter for 4-H Members, Leaders, Parents, Alumni, and Supporters in Santa Barbara County

October 2020

Career Spark Interviews

Career Spark Interviews is a weekly webinar series that invites 4-H members to meet young professionals making waves in their industries.

This series exists to highlight the unique and exciting career possibilities available to you and to demystify the early, formative years of your career in an interactive way. **Join the conversation every Thursday at 5:30pm PT / 8:30pm ET!** **Register to receive the Zoom links for each session.**

Free - For all youth ages 13 and up Joining the Career Spark Interviews webinars is completely free! You don't have to be a California 4-H member to participate. Connect with other youth who share your career interests.

[Register HERE](#)



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4-H in SBC Facebook Page

Please be sure to **LIKE** and follow our 4-H Facebook page to keep up with current info/updates.



Santa Barbara
County 4-H
[@sb4h.org](http://sb4h.org)



Thursdays in October
5:30 pm PDT / 8:30 pm EST
ucanr.edu/career_spark_interviews

Career Spark
INTERVIEWS

Oct 8: Jashin Lin
Global Project Manager, TikTok

Oct 15: J. Michael Melton
Head Chef, Impossible Foods

Oct 22: Myronn Vernon
Research Lab Technician, UCLA

Oct 29: David Imani
Social Media Strategist,
Allison+Partners

4-H 2020-2021 Enrollment Fee Update

The 4-H enrollment fees are as follows:

- State 4-H Accident/Sickness Insurance and Program Fees (commonly called "adult insurance") will be **\$24 per adult**.
- State 4-H Accident/Sickness Insurance and Program Fees (commonly called "youth insurance") will be **\$58 per youth**.
- 4-H in Santa Barbara County Program Fee (commonly called "fair share" fee) will at **\$6 per youth**.

2020-21 Appointment/Re-Appointment Online Courses Are Open To meet the requirements of USDA, University of California, and the 4-H Youth Development Program, volunteers are required to participate in yearly trainings related to positive youth development, cultural competency, and 4-H policy.

[New Volunteers](#)

[Returning Volunteers](#)

We Are 4-H is published by the 4-H Youth Development Program in Santa Barbara County, University of California, Cooperative Extension, Division of Agriculture and Natural Resources. We Are 4-H is a monthly newsletter for Santa Barbara County 4-H leaders, members, parents, alumni, and supporters.

Please submit articles and photos by the 15th of each month to:

Andrea Hollister, Editor
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Katherine F. Soule

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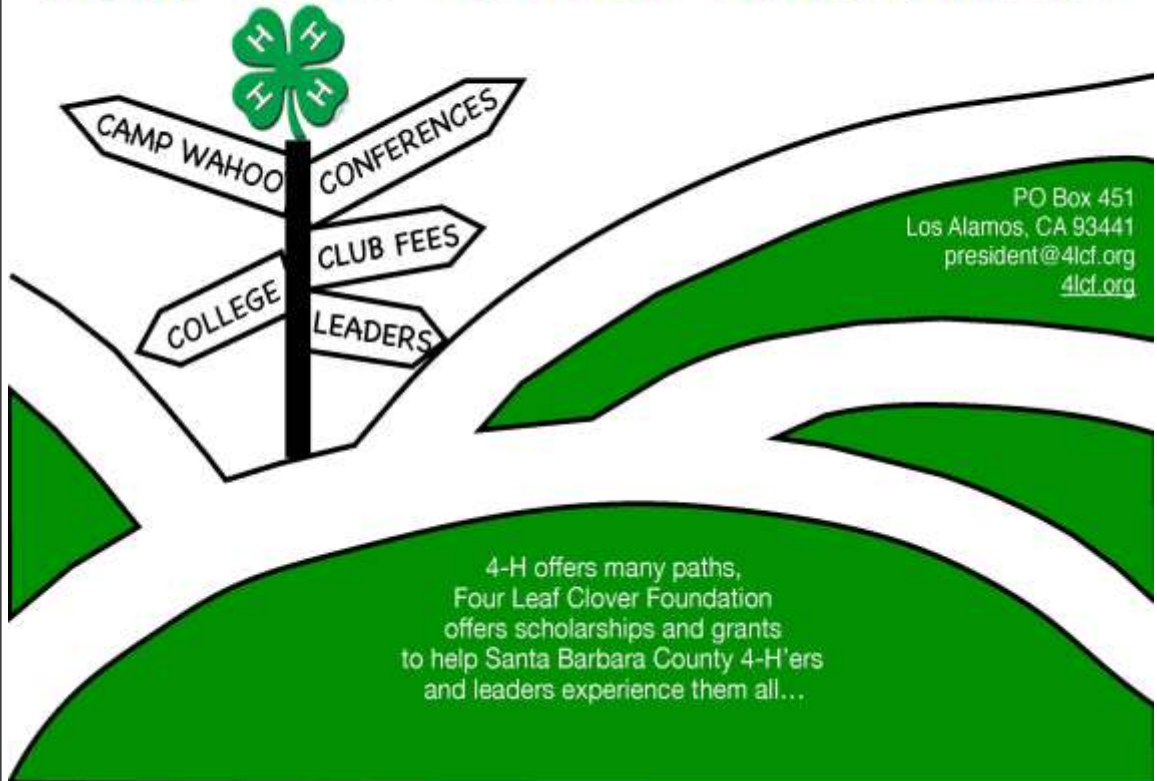
Director of Cooperative Extension, SLO & SB Counties & Youth, Families & Communities Advisor

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Four Leaf Clover Foundation



PO Box 451
 Los Alamos, CA 93441
president@4lcf.org
4lcf.org

4-H offers many paths,
 Four Leaf Clover Foundation
 offers scholarships and grants
 to help Santa Barbara County 4-H'ers
 and leaders experience them all...

<https://www.4lcf.org/>

4-H MEETING TIPS



The CA State 4-H Office will be releasing virtual guides to conduct community club and project meetings in mid August, stay tuned for more info to be released!



UNIVERSITY OF CALIFORNIA
Agriculture and Natural Resources

01

Interested in Hosting Virtual Meetings?

The 4-H office has a ZOOM meeting room you can use. Please click on the link below to reserve your spot.



[Click Here](#)

02

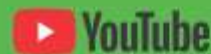
Are you seeking options to still meet in-person for meetings?

The 4-H Office has a Phase II Training available for leaders who wish to still meet in-person.

Leaders must follow Phase II protocol and receive final approval from 4-H Staff. To learn more [Click Here](#)

03

How to Lead a Virtual 4-H Meeting?



[Click Here to View](#)

04

Keep in mind the following when holding a virtual 4-H meeting

- Ensure a minimum of two approved 4-H Adult Volunteers (**If two cannot be present, one 4-H Adult Volunteer and another adult at least 21 years old or staff must participate*) are in place for virtual or conference call 4-H meetings and are connected prior to members arriving.
 - Members should identify themselves with their first name only.
 - Only approved 4-H Adult Volunteer leaders may host virtual or conference call 4-H meetings.
 - Keep regular attendance records, as you would normally do, at all 4-H club and project meetings.
- For more virtual meeting guidance

[Click Here](#)

05

Need additional project resources for meetings?

Check out the 4-H Project resource page for a variety of resources. Resources include Virtual and "at home" activities for youth.

For more info [Click Here](#)

COVID - 19 PHASE II Information for 4-H in Santa Barbara County

Each 4-H leader will be required to attend one Q&A Session AND one Training session. These meetings are mandatory for any 4-H leader who is wanting to lead any in-person activities during Phase II.

The following steps must be completed by project and club leaders in order to resume limited in-person 4-H meetings, programs, or activities. Any unauthorized in-person activities will not be covered by the UC insurance and may not be included in 4-H record books.

Corrective actions will be taken if 4-H volunteers or families host or participate in any unauthorized in-person activities.

Some examples include, animal weigh-in's, showmanship practice, general project & Club meetings, officer meeting etc.....

For more information on Phase II please visit the link below: http://www.sb4h.org/Phase_II/

Phase II Training Waitlist

Please fill out the information below if you would like to take the two trainings listed above.

Once enough attendance numbers are gathered we will send out an email with upcoming training information.

<https://ucanr.edu/survey/survey.cfm?surveynumber=30587>

As of June 18, Californians must wear face coverings in common and public indoor spaces and outdoors when distancing is not possible. Learn more about the [guidance and limited exceptions here](#). Cloth face coverings or [masks](#) help reduce the spread of coronavirus especially when combined with physical distancing and frequent hand washing.

This order mandates that face coverings be worn state-wide in the circumstances and with the exceptions outlined below. It does not substitute for existing guidance about social distancing and hand-washing.

Effective July 23, 2020 the Santa Barbara County Health Officer issued [Health Officer Order No. 2020-10.1](#) requiring individuals in the County of Santa Barbara to wear face coverings when in high-risk situations that may contribute to the spread of COVID-19.

<https://publichealthsb.org/>





COVID-19 Phase 2 Safety Protocol Checklist For 4-H Participants, Parents & Guests

Directions: This summary is for 4-H families, members and volunteers. The information below is subject to change as we learn more from UC ANR Risk and Safety Department and our 4-H State office. List of full protocols can be found at http://www.sb4h.org/Phase_II/

- There must be at least ONE COVID-19 Safety certified volunteer present at all in-person activities. Volunteers who have not attended COVID-19 Phase II Safety Training are not authorized to engage or host in-person activities. List of approved volunteers can be found at http://www.sb4h.org/Phase_II/
- There can be no more than 10 individuals at any in-person activity. This includes volunteers, family members, and guest speakers. You may be asked to leave if more than 10 people are present when you arrive.
 - There must always be two adults present (1 must be a certified volunteer)
 - Example 2 adults, 8 youth is the most youth that can be present at any one time.
- There must always either be hot water & soap or CDC approved hand sanitizer available.
- You must at all times maintain a six foot distance when possible. Face masks must be worn at all times when maintaining a 6 foot distance is not possible. (Santa Barbara County must be worn at all times)
- A health assessment form must be filled out prior to any & all in-person activities and you must be given clearance by a trained (COVID-19 safety) 4-H volunteer.
- A daily contact log must be filled out by participant for in-person activities. Contact involves those in 4-H activities, but it is recommended to keep a personal log. This must be kept for a minimum of 15 days if contact tracing is needed due to a diagnosis of COVID-19. After 15 days you can shred or discard.
- Participants showing signs of COVID-19 will not be allowed to participate until cleared by medical professional.
- It is preferred that families bring their own equipment to in-person activities. If this cannot be done, then all shared equipment must be sanitized in between use. If you cannot do this, then do not share equipment.
- If you may choose to decline any of these or other Phase 2 Safety Protocols the volunteer has to implement you will not be allowed to participate in in-person activities. Note: protocols can change at anytime and become more restrictive.
- NO in-person activity is mandatory. You may choose to participate or not participate. If you choose not to participate, please work with the volunteer to find alternative educational opportunities.

Santa Barbara County 4-H

HALLOWEEN COSTUME CHALLENGE

hosted by the SBC 4-H Ambassadors



4-H MEMBERS IN SBC MAY ENTER 1
PHOTOGRAPH ENTRY PER CATEGORY.
- PLEASE INCLUDE 4-H YOUTH NAME, CLUB
NAME, PICTURE AND A DESCRIPTION WITH YOUR
ENTRY.

Halloween Challenge Categories

1. Pet Halloween Costume
2. 4-H Youth Member with Pet Costume



4-H SBC Youth Age Divisions

- Primary Members (age 5-8)
- Junior Members (ages 9 - 10)
- Intermediate Members (ages 11-13)
- Senior Members (ages 14-19)

Prize will be
awarded and mailed
to first place
winners of each
Division/Category!



Email your entry to aeborunda@ucanr.edu by November 2nd

Be a champion for Santa Barbara County Youth!

Every time you use the 4-H Debit Card, you support 4-H.
Make a difference, it's easy....

[Reserve your card today!](#)



4-H GROWS HERE

A GRASSROOTS INITIATIVE BY
California 4-H FOUNDATION

4-H GROWS HERE
DEBIT
VISA

A simple card can convert the dollars you spend everyday into support for your county 4-H and programs you love.

Go to <https://bit.ly/ca4hcard>

groundswell

This card is Issued by Axiom Bank, N.A., Member FDIC, pursuant to a license from Visa U.S.A. Inc. By using this card you agree to the Terms and Conditions stated within the Cardholder Agreement.

4-H Horse Mastership Project in SBC

We are currently looking for a 4-H Leader to lead the 2020-2021 4-H County Horse Mastership Project.

If you are interested in this volunteer position please email aeborunda@ucanr.edu with the 4-H office to learn more



State 4-H News & Updates

National 4-H Week October 4-10, 2020

National 4-H Week is coming up October 4-10, 2020. Start making plans for how you're celebrating being a part of 4-H!
This year's theme is #Opportunity4All.



Fall Tractor Supply Paper Clover

October 7 - 18, 2020



The fall Tractor Supply Paper Clover campaign is still going forward as in previous years.

As we did before, a percentage of funds raised in California will go towards the State Leadership Conference and counties will receive their share raised in their county to enable youth to participate in camp and leadership conferences.

This year, because of the COVID crisis, TSC is requesting no physical presence from 4-H programs at their stores, including outdoor spaces like parking lots. 8

Forever 4-H Santa Barbara County Endowment

Help us keep 4-H thriving in Santa Barbara County! Become an annual supporter of the *Forever 4-H Santa Barbara County Endowment*. This Endowment is a fund designed to ensure sustainable funding for 4-H programming in Santa Barbara County for years to come!

To make your online, tax-deductible donation by credit card, click on the link below and choose “**Forever 4-H Santa Barbara County Endowment**” from the dropdown menu.

CLICK THE LINK BELOW TO DONATE TODAY!!

<https://ca4hfoundation.fasttransact.net/>

Thank you for helping us create a legacy and continue to provide wonderful programming to youth in Santa Barbara County!

4-H County Master Calendar 2020

10/4-10/2020 National 4-H Week!

10/7/2020 New Volunteer Training
(eXtension videos)

10/8/2020 [Career Spark Interviews](#)

10/15/2020 [Career Spark Interviews](#)

10/22/2020 [Career Spark Interviews](#)

10/27/2020 Returning Volunteer Trainings
(eXtension videos)

10/29/2020 [Career Spark Interviews](#)

10/31/2020 Deadline for Returning 4-H Members to enroll

11/2/2020 Halloween Challenge deadline

11/4/2020 Returning Volunteer Trainings
(eXtension videos)

11/12/2020 New Volunteer Trainings
(eXtension videos)

12/15/2020 1st Enrollment Invoice Due

For more information about 4-H in Santa Barbara County visit <http://www.sb4h.org/>

Or the California 4-H Website at <http://4h.ucanr.edu/>

If you have an event you would like to have published on the website, Facebook page or this newsletter please contact [Andrea aeborunda@ucanr.edu](mailto:Andrea.aeborunda@ucanr.edu)