



*A monthly newsletter for 4-H Members, Leaders, Parents, Alumni, and Supporters in Santa Barbara County*

July 2020



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### **4-H in SBC Facebook Page**

Please be sure to **LIKE** and follow our 4-H Facebook page to keep up with current info/updates.



Santa Barbara  
County 4-H  
[sbc4h.org](http://sbc4h.org)

## Meet our 2020-2021 4-H County Ambassadors





**Rachel**

In becoming an Ambassador, I think about the words from John F Kennedy, "Leadership and learning are indispensable to each other". My 6 years in 4-H has taught me so much and I look forward to giving back to the 4-H community. I'd like to contribute my energy and ideas towards youth development. As a sophomore in high school, a teen project leader, and Santa Ynez 4-H club's president, I'm excited to balance the fun and challenges of the Ambassador program.



**Kira**

I am 13 years old and I have been in Santa Ynez 4-H since I was 5. I live in Solvang and I am going to be a freshman at Santa Ynez Valley Union High in August. I raise and show market goats and dairy goats plus turkeys and make crafts like goats milk soap and cheese. I have earned my Platinum star and last fall completed an Emerald Star project. I recently became an Ambassador and hope to be able to represent 4-H at county events. Outside of 4-H I enjoy playing soccer, boxing and weightlifting.



**Braeden**

This coming year in 4-H, my 9th year, I'm sure will be full of many challenges and opportunities to learn and have fun. I'm excited to serve our County 4-H program as an Ambassador and hope that through my involvement in Countywide projects like Horse Mastership and Food Preservation, as a past Youth Leadership and Exhibit Day committee member, attendance at many clubs promoting Presentation Day, and involvement throughout my time in 4-H and in the community that I already know many of you. My goal is to share some of what I've learned in 4-H with others and learn more by working with others in 4-H. I've just graduated St. Louis de Montfort school where I received the 8th grade community service award, was on the basketball and volleyball teams, and was part of student government for 3 years. Ill be starting St. Joe's in August. I have been club Vice President, Reporter, and Healthy Living officer, and helped my club as a Junior and Teen leader. I compete in gymkhana and Pony Club with my horse Wynn. I raise Mini Rex and Florida White rabbits that have won in national competitions and I really like to fish. Please say "hi" if you see me!



**Emma**

Hi, my name is Emma Bishop and I have been a Santa Barbara County Ambassador for two years. I'm excited to serve Santa Barbara county for another year! I'm a senior at Santa Ynez Valley Union High School and I show with Lucky Clover 4-H. I show goats and broiler chickens, I've also been a part of my club's public speaking group. Outside of 4-H, I am an active member in my school's FFA and Interact clubs.

## COVID - 19 PHASE II Information for 4-H

Each 4-H leader will be required to attend one Q&A Session AND one Training session. These meetings are mandatory for any 4-H leader who is wanting to lead any in-person activities during Phase II.

The following steps must be completed by project and club leaders in order to resume limited in-person 4-H meetings, programs, or activities. Any unauthorized in-person activities will not be covered by the UC insurance and may not be included in 4-H record books.

**Corrective actions will be taken if 4-H volunteers or families host or participate in any unauthorized in-person activities.**

Some examples include, animal weigh-in's, showmanship practice, general project & Club meetings, officer meeting etc.....

For more information on Phase II please visit the link below:

<http://www.sb4h.org/Phase II/>

We Are 4-H is published by the 4-H Youth Development Program in Santa Barbara County, University of California, Cooperative Extension, Division of Agriculture and Natural Resources. We Are 4-H is a monthly newsletter for Santa Barbara County 4-H leaders, members, parents, alumni, and supporters.

Please submit articles and photos by the 15th of each month to:

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*Katherine F. Soule*

**Katherine F. Soule**

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## Phase II Training Waitlist

Please fill out the information below if you would like to take the two trainings listed above.

Once enough attendance numbers are gathered we will send out an email with upcoming training information.

<https://ucanr.edu/survey/survey.cfm?surveynumber=30587>

## 4-H Project Resources

We have provided 4-H curriculum from a variety of resources and they are sure to keep your youth busy and engaged.

[https://ucanr.edu/sites/slo4-h/4-H Projects /](https://ucanr.edu/sites/slo4-h/4-H%20Projects/)



## COVID-19 Phase 2 Safety Protocol Checklist For 4-H Participants, Parents & Guests

**Directions:** This summary is for 4-H families, members and volunteers. The information below is subject to change as we learn more from UC ANR Risk and Safety Department and our 4-H State office. List of full protocols can be found at [http://www.sb4h.org/Phase\\_II/](http://www.sb4h.org/Phase_II/)

- There must be at least ONE COVID-19 Safety certified volunteer present at all in-person activities. Volunteers who have not attended COVID-19 Phase II Safety Training are not authorized to engage or host in-person activities. List of approved volunteers can be found at [http://www.sb4h.org/Phase\\_II/](http://www.sb4h.org/Phase_II/)
- There can be no more than 10 individuals at any in-person activity. This includes volunteers, family members, and guest speakers. You may be asked to leave if more than 10 people are present when you arrive.
  - There must always be two adults present (1 must be a certified volunteer)
  - Example 2 adults, 8 youth is the most youth that can be present at any one time.
- There must always either be hot water & soap or CDC approved hand sanitizer available.
- You must at all times maintain a six foot distance when possible. Face masks must be worn at all times when maintaining a 6 foot distance is not possible. (Santa Barbara County must be worn at all times)
- A health assessment form must be filled out prior to any & all in-person activities and you must be given clearance by a trained (COVID-19 safety) 4-H volunteer.
- A daily contact log must be filled out by participant for in-person activities. Contact involves those in 4-H activities, but it is recommended to keep a personal log. This must be kept for a minimum of 15 days if contact tracing is needed due to a diagnosis of COVID-19. After 15 days you can shred or discard.
- Participants showing signs of COVID-19 will not be allowed to participate until cleared by medical professional.
- It is preferred that families bring their own equipment to in-person activities. If this cannot be done, then all shared equipment must be sanitized in between use. If you cannot do this, then do not share equipment.
- If you may choose to decline any of these or other Phase 2 Safety Protocols the volunteer has to implement you will not be allowed to participate in in-person activities. Note: protocols can change at anytime and become more restrictive.
- NO in-person activity is mandatory. You may choose to participate or not participate. If you choose not to participate, please work with the volunteer to find alternative educational opportunities.

# 4-H Horse Mastership Project in SBC

We are currently looking for a 4-H Leader to lead the 2020-2021 4-H County Horse Mastership Project.

If you are interested in this volunteer position please email [aeborunda@ucanr.edu](mailto:aeborunda@ucanr.edu) with the 4-H office to learn more



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## State 4-H News & Updates

CALIFORNIA 4-H VIRTUAL CAMP  
**OUR WILD CALIFORNIA**  
JULY 13 - 17  
9:00am - 3:15pm PDT

Open to ALL youth ages 9-18\*  
\*You do not have to be a current 4-H member to join.

**5 DAYS**  
of Fun & Activities

"Campfire" on  
Monday & Friday

Register and find out more  
[ucanr.edu/virtualcamp1](http://ucanr.edu/virtualcamp1)

Drawn by Emily R., age 10  
San Joaquin County

UNIVERSITY OF CALIFORNIA  
Agriculture and Natural Resources | 4-H Youth Development Program

Want more virtual camp? Save the date for  
4-H Grown @ Home Camp August 3-7, 2020

### Virtual 4-H Camp - Our Wild California

July 13-17, 2020

For all youth ages 9 and up! \$25 registration, \$10 additional youth in the same family Each day, "Our Wild California" virtual camp will provide campers a choice of activities for participation. Sign up for morning and afternoon activities, with time to share, play, and have fun while learning and doing new things. On Monday and Wednesday, join in the "campfire"!

Register and learn more about the different activities at [ucanr.edu/virtualcamp1](http://ucanr.edu/virtualcamp1)

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## Record Books During Social Isolation

How do I record and earn Star Rank credits in a virtual world?

What options are there for holding Record Book evaluations for our club and county?

For answers to these two questions and more, take a look at new resources on the state website at [http://4h.ucanr.edu/Resources/Member\\_Resources/RecordBook/](http://4h.ucanr.edu/Resources/Member_Resources/RecordBook/)

Includes:

- 1.Video and document with tips on meeting 4-H club and project requirements with virtual learning, and how to record them.
- 2.Video and slide deck that helps you decide how best to host both Club and County Record Book Evaluations/Competitions
- 3.Considerations such as unknowns, inequitable access to tools, and reducing stress on families
- 4.Star Rank Achievements
- 5.Evaluation/Competition Recommendations—guidance regardless of how you decide to complete evaluations
- 6.Options for collecting signatures
- 7.Options for submitting books: email, scanned, drop-off
- 8.Options to evaluate virtual independently, virtual small group, in-person after Safe at Home lifted
- 9.Supports provided by Statewide Incentives & Recognition Advisory Committee

## *Forever 4-H Santa Barbara County Endowment*

Help us keep 4-H thriving in Santa Barbara County! Become an annual supporter of the *Forever 4-H Santa Barbara County Endowment*. This Endowment is a fund designed to ensure sustainable funding for 4-H programming in Santa Barbara County for years to come!

To make your online, tax-deductible donation by credit card, click on the link below and choose “**Forever 4-H Santa Barbara County Endowment**” from the dropdown menu.

**CLICK THE LINK BELOW TO DONATE TODAY!!**

<https://ca4hfoundation.fasttransact.net/>

Thank you for helping us create a legacy and continue to provide wonderful programming to youth in Santa Barbara County!

## **4-H County Master Calendar 2020**

**7/2/2020** 4-H Office Closed (Holiday)

**8/8/2020** Record Book/Officer Book Evaluation Day (tentative date)

**9/12/2020** CCL Kick Off Event

For more information about 4-H in Santa Barbara County visit <http://www.sb4h.org/>

Or the California 4-H Website at <http://4h.ucanr.edu/>

**If you have an event you would like to have published on the website, Facebook page or this newsletter please contact [Andrea aeborunda@ucanr.edu](mailto:Andrea.aeborunda@ucanr.edu)**