



A monthly newsletter for 4-H Members, Leaders, Parents, Alumni, and Supporters in Santa Barbara County

October 2019



Meet our 2019-2020 4-H County Ambassadors!

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We Are 4-H is published by the 4-H Youth Development Program in Santa Barbara County, University of California, Cooperative Extension, Division of Agriculture and Natural Resources. We Are 4-H is a monthly newsletter for Santa Barbara County 4-H leaders, members, parents, alumni, and supporters.

Please submit articles and photos by the 15th of each month to:

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4-H Youth Development Program online registration enrollment process

NOTE: After you log into <https://ca.4honline.com>, you will need to use the family email address associated with your online enrollment profile. This is usually the email address where you receive the 4-H newsletter. If your email address does not work or if you are having trouble logging into the 4hOnline system, contact the 4-H office via email at: aeborunda@ucanr.edu

Treatment Authorization and Health History Information Form are now in 4hOnline electronically. You will need to provide a copy of your Member-Health Form report to each of your Project Leaders or Event Chaperones **as needed**. When the health form needs to be updated, families can login to 4hOnline anytime and make the necessary updates to the Health Form screen and save.

*****It is important that you do not create a new profile if you are a Re -Enrolling 4-H member as you already have a database profile in 4hOnline.**

4-H 2019-2020 Enrollment Fee Update

The 4-H enrollment fees are as follows:

- State 4-H Accident/Sickness Insurance and Program Fees (commonly called "adult insurance") will be **\$24 per adult**.
- State 4-H Accident/Sickness Insurance and Program Fees (commonly called "youth insurance") will be **\$58 per youth**.
- 4-H in Santa Barbara County Program Fee (commonly called "fair share" fee) will at **\$6 per youth**.

This year the Management Board has voted to keep the fairshare fee the same due to the State Office enrollment fee increase.

2019-20 Appointment/Re-Appointment Online Courses Are Open To meet the requirements of USDA, University of California, and the 4-H Youth Development Program, volunteers are required to participate in yearly trainings related to positive youth development, cultural competency, and 4-H policy.

[New Volunteers](#)

[Returning Volunteers](#)

4-H Conference Scholarship Opportunities



UC 4-H in Santa Barbara County Tractor Supply Scholarship

http://www.sb4h.org/Youth_Members/Scholarship/



The UC 4-H in Santa Barbara County Tractor Supply Scholarship provides funds to send youth to 4-H camps and leadership conferences.

Eligibility:

- ⇒ All UC 4-H in Santa Barbara County Members
- ⇒ Applicants receiving other scholarships are eligible if the sum of the scholarships do not exceed the full amount of the registration cost
- ⇒ Applicants must be member in good standing
- ⇒ All entries must be received 3 weeks prior event registration deadlines - verbal or late application will not be accepted.

California 4-H Youth Summits - Registration Now!

Ripples of Today, Waves of Tomorrow!

The California 4-H Youth Summits are three-day leadership development conferences hosted in four locations across the state. Youth summit programs are designed to grow the leadership abilities of intermediate 4-H members (ages 11-13).

The summits are planned by a team of senior 4-H members (ages 14+) overseen by the California 4-H Management Board.

http://4h.ucanr.edu/4-H_Events/summits/

**If you are interested in attending this conference please contact Carolina at the 4-H Office: cgrodri-guez@ucanr.edu

Scholarships offered for this conference, please reference the “Scholarship page” in newsletter and on sb4h.org



Northern - Nov. 15-17
Sly Park, Pollock Pines

Bay/Coast - Jan. 10-12
Walker Creek Ranch,
Petaluma

Southern - Jan. 17-19
Pathfinder Ranch, Mountain
Center

Central - Jan. 24-26
Wonder Valley Ranch, Sanger

Mindfulness Retreat November 1-3, 2019

Camp Ocean Pines, Cambria

Registration extended to October 15, 2019

Take a “time-in” with us at the UC 4-H Mindfulness Retreat in Cambria, CA. Teens 13-19 and adults are invited to spend the weekend at beautiful Camp Ocean Pines developing their health and well-being. Participants will not only increase their personal skills in leading a healthy lifestyle, but will also gain skills needed to be a health advocate in their communities.



The retreat will focus on stress management, relationship building, nutrition, and a general understanding of mindfulness.

<https://ucanr.edu/survey/survey.cfm?surveynumber=28011>



4-H IN SANTA BARBARA COUNTY PRESENTS
2019-2020

4-H Treasurer Training



Objective of the Training:

1. Overview of financial policies.
2. Become familiar with Treasurer responsibilities, deadlines and reporting requirements.
3. Opportunity to answer questions and develop skills.

Who should attend:

Club Treasurers and Club Treasurer Advisors

What to bring:

Club Treasurer's Book

When

Monday, October 21, 2019
6:00pm—8:00pm
Or Via Zoom

<https://ucanr.zoom.us/j/7792118991>

Where

Ralph Dunlap School
1220 Oak Knoll Rd,
Santa Maria, CA 93455

Pizza will be provided



University of California

Agriculture and Natural Resources

4-H Youth Development Program



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UCCE Santa Barbara County 4-H | SB4H.org

4-H EVENT

Tractor Supply Paper Clover Campaign

October 9 - 20, 2019



eXtension Online Course Updates

eXtension is a national learning management system which is accessible to all people associated with Cooperative Extension. Users can access online course created by 4-H, Master Food Preservers, Master Gardeners, and other Extension departments. Some courses are free, and others are offered for a fee.

Courses created by the California 4-H Youth Development Program are offered at no cost to California 4-H members, volunteers, and staff and may be accessed from our learning and development webpage located at <http://4h.ucanr.edu/Resources/Learning-Development/>.

Below are some of the new courses that are being offered through the eXtension system:



The Overnight Chaperone Essentials course highlights key aspects of the role of every overnight chaperone in their work with youth. This course is meant to compliment event specific trainings held by the County Extension office or the Event Leader/Director.



The Civic Engagement Officer Training will explore the roles and responsibilities of a 4-H Civic Engagement Officer.



Washington Focus 2020

Important Dates for the 2020 trips

Registration for the 2020 Washington Focus trips will begin on October 15, 2019.

CITIZENSHIP WASHINGTON FOCUS (AGES 15-19*)

Citizenship Washington Focus (Conference Only)** June 25-July 4, 2020

Citizenship Washington Focus (Conference + Extended Trip) ** June 25-July 7, 2020

Hosted at the National 4-H Center near Washington, D.C, Citizenship Washington Focus gives youth the opportunity to explore, develop, and refine the civic engagement skills they need in order to become outstanding leaders. The extended trip includes more educational opportunities in Gettysburg, PA, Philadelphia, PA, and Baltimore, MD.

* Delegates must be at least 15 years of age by time of travel. **This trip will begin at the California 4-H State Office in Davis, CA.

LEADERSHIP WASHINGTON FOCUS (AGES 12-14*)

July 26-July 31, 2020

Hosted at the National 4-H Center near Washington, D.C, Leadership Washington Focus is a 5-day trip is packed with educational adventure as participants tour our nation's Capital and learn life-changing leadership skills in a conference setting. The program will take place at the National 4-H Youth Conference Center, just one mile from the Washington, D.C. border.

* Delegates must be at least 12 years of age by time of travel.

Forever 4-H Santa Barbara County Endowment

Help us keep 4-H thriving in Santa Barbara County! Become an annual supporter of the *Forever 4-H Santa Barbara County Endowment*. This Endowment is a fund designed to ensure sustainable funding for 4-H programming in Santa Barbara County for years to come!

To make your online, tax-deductible donation by credit card, click on the link below and choose “**Forever 4-H Santa Barbara County Endowment**” from the dropdown menu.

CLICK THE LINK BELOW TO DONATE TODAY!!

<https://ca4hfoundation.fasttransact.net/>

Thank you for helping us create a legacy and continue to provide wonderful programming to youth in Santa Barbara County!

4-H County Master Calendar 2019-2020

10/6-12/2019 [National 4-H Week](#)

10/21/2019 [Treasurer Training](#)

10/26/2019 [Project Leaders' Training](#)

10/29/2019 [Volunteer Extension In-person Training](#)

11/7-11/10/2019 [e4: The Volunteer Retreat](#)

11/26/2019 [4-H Leader Exchange](#)

2/22/2020 [County Presentation Day](#)

2/25/2020 [4-H Leader Exchange](#)

8/8/2020 [Record Book/Officer Book Evaluation Day \(tentative date\)](#)

5/26/2020 [4-H Leader Exchange](#)

For more information about 4-H in Santa Barbara County visit <http://www.sb4h.org/>

Or the California 4-H Website at <http://4h.ucanr.edu/>

If you have an event you would like to have published on the website, Facebook page or this newsletter please contact Janelle Hansen at 805-893-3409 or jmmhansen@ucanr.edu

County Level Volunteer Opportunities

Management Board

Board Chair	OPEN
Assistant Chair	OPEN
Treasurer	Dan Marchiando dan@yourbestinterest.net
Secretary	Pam Rohr
Fundraising/ Gift Giving	OPEN
Bay Coastal Area Rep.	Mary Thieleke mthieleke@aol.com
2019-2020 County Ambassador's	
County Ambassador's Advisor	
Awards Director	OPEN
Visibility & Outreach Director	OPEN

Program Development Board

Small Animal Science Key Leader	OPEN
Large Animal Science Key Leader	OPEN
Adult Key Leader	OPEN
Shooting Sports Key Leader	Steven Adam elkhunter45120@aol.com
Youth Leadership Key Leader	OPEN
Camp Wahoo! Director	OPEN
Expressive Arts Key Leader	OPEN
Citizenship Key Leader	OPEN
SET (Science, Engineering & Technology) Key Leader	OPEN
Healthy Living/Culinary Arts Key Leader	OPEN

Would you like to share your time, and talents on the Management Board or Program Development Board? Do you know someone that would be an asset to one of the Boards? Please consider one of the OPEN positions.

For complete job descriptions visit

http://www.sb4h.org/SB_CO_4-H_Youth_Development_Program_YDP/

Management Board Meetings are open to the public. You are welcome to attend the meeting in person or join us online through our Zoom Link: <https://ucanr.zoom.us/j/7792118991>

Next Mgmt. Board Meetings: TBA