



**A monthly newsletter for 4-H Members, Leaders, Parents, Alumni, and Supporters in Santa Barbara County**

**August 2018**



**Office Hours :**

Monday-Friday,

Except Holidays

8:00am - 4:00pm

*(Please call ahead before stopping by)*

**4-H Staff:**

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*(email only)*

## **RECORD & OFFICER BOOK EVALUATION DAY**

**Saturday, August 11, 2018**

**9:00AM – 3:00PM**

**LOCATION:** First Presbyterian Church, 1600 Berkeley Drive, Lompoc, CA 93436

**ELIGIBILITY:** Member Record Books awarded a Gold Seal at club judging are eligible to compete at County.

**BOOKS:** Please bring them to the event, no prior drop off.

### **REQUIREMENT OF EVALUATORS FROM EACH CLUB:**

**Record Books:** Clubs will need to provide a minimum of 2 evaluators for the first 5 books, and an additional evaluator for every 5 books after that. (6 books=3 evaluators, 11 books=4 evaluators.) Evaluators need to commit to the full day. Record Books will NOT be released for distribution until completion of the tabulation/awards process.

**Officer Books:** June 30th is the last date 4-H Club Officers report information in the Treasurer's Book, Secretary's Book, Reporter's Book, and Historian's Book for 2017-2018. Completion of a Club Treasurer's Book and Secretary's Book are required for a club to be in "good standing" and maintain its 4-H charter. Club officers are strongly encouraged to complete a Reporter's Book and Historian's Book. Officer book forms, judging criteria sheets and end-of-the-year instruction sheets available at the following link: <http://www.sb4h.org/>. **Club's will need to provide a minimum of one adult volunteer for both Secretary & Treasurer's books.. Additional books will need to provide one additional volunteer.**

**\*All books without the appropriate number of evaluators in attendance will not be evaluated.**

**JUDGES, PLEASE NOTE:** As a Thank you to the evaluators this year we will be providing lunch!

**Any questions may be directed to Janelle Hansen at (805) 893-3409**

**[jmmhansen@ucanr.edu](mailto:jmmhansen@ucanr.edu)**



## 4-H 2018-2019 Enrollment Fee Update

The 4-H enrollment fees for 2018-2019 are as follows:

- State 4-H Accident/Sickness Insurance and Program Fees (commonly called "adult insurance") will be \$18 per adult.
- State 4-H Accident/Sickness Insurance and Program Fees (commonly called "youth insurance") will be \$54 per youth.
- 4-H in Santa Barbara County Program Fee (commonly called "fair share" fee) will at \$6 per youth.

This year the Management Board has voted to reduce the fairshare fee due to the State Office enrollment fee increase.

We Are 4-H is published by the 4-H Youth Development Program in Santa Barbara County, University of California, Cooperative Extension, Division of Agriculture and Natural Resources. We Are 4-H is a monthly newsletter for Santa Barbara County 4-H leaders, members, parents, alumni, and supporters.

Please submit articles and photos by the 15th of each month to:

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*Katherine F. Soule*

**Katherine F. Soule**

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## Four Leaf Clover Foundation

Supporting 4-H members in Santa Barbara County

**Who We Are:** Four Leaf Clover Foundation (FLCF) is an IRC§ 501(c)(3) non-profit corporation created to enhance, encourage and support youth development through the 4-H Youth Development Program in Santa Barbara County. The current directors are present or former 4-H leaders, parents or alumni. They are appointed to the board by

**Our Commitment:** To encourage and support the 4-H program, its impact on today's youth... the leaders of tomorrow. 4-H encourages productive, wholesome and basic life skills for youth to use as essential stepping-stone to a successful future. 4-H challenges eager minds and offers an educational environment of positive enrichment through hands on experiences.

### 4-H Member Benefits:

Four Leaf Clover Foundation makes grants to individual 4-H club members for:

- College and vocational school scholarships
- Attending 4-H sponsored conferences and events (including Camp Wahoo!, California Focus and others)
- The annual Fair Share membership fee paid by all 4-H members

[http://www.ezmeter.us/flcf/?page\\_id=30](http://www.ezmeter.us/flcf/?page_id=30)



# State 4-H News & Updates

## 2018 4-H Higher Education Scholarship Applications

*DUE August 5, 2018*

The UC 4-H Youth Development Program is committed to promoting higher education. With help from donors, statewide scholarships are available for graduating high school seniors and college-attending students.

7 Scholarships Available through UC 4-H

- Award notification is typically sent out late October with award money dispersed in January
- Applicants may apply for multiple scholarships but are only eligible to receive one scholarship per year. Previous scholarship recipients may reapply.
- Gather your materials and read the essay prompts BEFORE starting the online application.

### **The candidate for any 4-H scholarship must be:**

- A high school senior, graduate, or equivalent who is already enrolled in or accepted to an institution of higher education. Institutions of higher education include accredited vocational schools, colleges or universities.
- Enrolled in the UC 4-H Youth Development Program at the time of high school graduation or equivalent, such as receiving a General Education Diploma (GED)
- Enrolled or planning to enroll in at least half of the full-time course load as defined by the applicant's institution.
- Not older than 25 as of December 31st of the application year.

### **For more information, visit the 4-H Scholarship webpage**

[http://4h.ucanr.edu/Resources/Member\\_Resources/Scholarships\\_-\\_Awards/Scholarships/](http://4h.ucanr.edu/Resources/Member_Resources/Scholarships_-_Awards/Scholarships/)

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Mindfulness Retreat  
November 2-4, 2018  
Camp Ocean Pines, Cambria, CA

*4-H Healthy Living Program for youth age 13-19 and adults*

- Fees \$225 plus chaperone fees
- Chaperone fees are estimated to be \$20-\$25 per youth attending the retreat.
- Fees will be billed after the close of registration.

Contact your county 4-H office for available funds to cover your fees to attend.

*Price includes conference registration fees, lodging and conference meals.*

**Registration Deadline September 15, 2018**

For more information, visit the [Healthy Living Website](#)

**Save the Date:**  
**Tractor Supply Paper Clover Campaign**  
**October 3 –14, 2018**



University of California  
Agriculture and Natural Resources  
4-H Youth Development Program

For more information about 4-H in Santa Barbara County visit <http://www.sb4h.org/>

Or the California 4-H Website at <http://4h.ucanr.edu/>

## 4-H Master Calendar 2018

**8/8/2018** [County Ambassador Applications Due](#)

**8/11/2018** County Record Book/ Officer Book Evaluation

**8/19/2018** [YMCA Family Day In the Park](#)

**8/21/2018** [Returning Volunteer Extension Training](#)

**8/30/2018** [Returning Volunteer Extension Training](#)

**9/15/2018** [CCL's Kick off Event](#)

**9/17/2018** [New Volunteer Extension Training](#)

**9/25/2018** [New Volunteer Extension Training](#)

**10/7-13/2018** National 4-H Week

**If you have an event you would like to have published on the website, Facebook page or this newsletter please contact Janelle Hansen at 805-893-3409 or [jmmhansen@ucanr.edu](mailto:jmmhansen@ucanr.edu)**

It is the policy of the University California (UC) and the UC Division of Agriculture & Natural Resources not to engage in discrimination against or harassment of any person in any of its programs or activities (Complete nondiscrimination policy statement can be found at <http://ucanr.edu/sites/anrstaff/files/169224.pdf>). Inquiries regarding ANR's nondiscrimination policies may be directed to John I. Sims, Affirmative Action compliance Officer/Title IX Officer, University of California, Davis, Agriculture and Natural Resources, 2801 Second Street, Davis, CA 95618, (530) 750-1397.

Thank you to Trudy Shank and Sheila Shank for their dedication to Camp Wahoo! As many of you know Sheila has moved and Trudy has taken on more responsibility with the Cinco Campanas 4-H Club. We are in need of an individual or a team of individuals that would like to run Camp Wahoo!



For complete job description visit

[http://www.sb4h.org/SB\\_CO\\_4-H\\_Youth\\_Development\\_Progam\\_YDP/](http://www.sb4h.org/SB_CO_4-H_Youth_Development_Progam_YDP/)

### Management Board

Board Chair	Carla Renard	<a href="mailto:renard@silcom.com">renard@silcom.com</a>
Assistant Chair		
Treasurer	Dan Marchiando	<a href="mailto:dan@yourbestinterest.net">dan@yourbestinterest.net</a>
Secretary	Pam Rohr	
Fundraising/ Gift Giving	Mary Thieleke Jackson	<a href="mailto:mthieleke@aol.com">mthieleke@aol.com</a>
<b>2017-2018 All-Star</b>	Anna Scheck	<a href="mailto:hjscheck@hotmail.com">hjscheck@hotmail.com</a>
All-Star Advisor	Heather Scheck	<a href="mailto:hjscheck@hotmail.com">hjscheck@hotmail.com</a>
<b>Awards Director</b>	-	

### Program Development Board

Small Animal Science Key		
Large Animal Science Key	Kayla Hutcheson	<a href="mailto:kay-la.hutcheson@gmail.com">kay-la.hutcheson@gmail.com</a>
Adult Key Leader	Kim Densmore	<a href="mailto:kimdensmore@msn.com">kimdensmore@msn.com</a>
Shooting Sports Key	Steven Adam	<a href="mailto:elkhunter45120@aol.com">elkhunter45120@aol.com</a>
Camp Wahoo! Director		

## County Level Volunteer Opportunities

Would you like to share your time, and talents on the Management Board or Program Development Board? Do you know someone that would be an asset to one of the Boards? Please consider one of the positions below.

### Management Board Positions

#### Outreach and Visibility Director

For complete job descriptions visit,

[http://www.sb4h.org/SB\\_CO\\_4-H\\_Youth\\_Development\\_Progam\\_YDP/](http://www.sb4h.org/SB_CO_4-H_Youth_Development_Progam_YDP/)

#### Bay/Coast Area Representative

For complete job description visit

[http://www.sb4h.org/SB\\_CO\\_4-H\\_Youth\\_Development\\_Progam\\_YDP/](http://www.sb4h.org/SB_CO_4-H_Youth_Development_Progam_YDP/)

### Program Development Board Positions

#### Culinary Arts & Healthy Living Key Leader

Shooting Sports Key Leader

Expressive Arts Key Leader

#### Citizenship Key Leader

Science Technology Engineering & Mathematics (STEM)  
Key Leader

For complete job description visit

[http://www.sb4h.org/SB\\_CO\\_4-H\\_Youth\\_Development\\_Progam\\_YDP/](http://www.sb4h.org/SB_CO_4-H_Youth_Development_Progam_YDP/)

## SANTA BARBARA COUNTYWIDE 4-H HORSE MASTERSHIP PROJECT



The 2017-2018 Horse Mastership Program finished up the year with two great days of preparation, practice, performance and fun!

The Project's Horse Clinic in April and the Exhibit Day in May brought fun and educational activities for horse lovers at all levels.

### **PRACTICE CLINIC for EXHIBIT DAY & SB COUNTY FAIR HORSESHOW**

Sunday, April 15th

### **HORSE EXHIBIT DAY**

Sunday, May 6th

### **Santa Ynez Equestrian Center**

During this year's Clinic and Horse Exhibit Days, many members participated in different practice and judged events from Showmanship, Equitation, Horsemanship, Trail & Gymkhana. Beyond the participants, the judges and ring crew worked hard and learned a lot too all while having a lot of fun. The project leaders and judges provided each 4-H member with a better understanding of what judges look for in competitive events. We interviewed the judges, the project leaders and the special announcer for their feedback on the programs and message for the horse project members.

The whole program would not have happened if not for the many volunteers; from club members, to parents, to judges. We also interviewed Clayton, the MC of the exhibit day (see interview below), Mary Anne Christensen, one of the many contributing adult leaders, along with Dana Erenberg, the lead educator in teaching the kids horse husbandry, horsemanship and equitation skills.

Dana shared, "The idea behind the events is to have the kids take the information we shared and taught at the Horse Clinic and have



The goal of the Santa Barbara Horse Mastership Project is to develop caring competent horsemen and women who carry their passion into their clubs, communities, country and world to the benefit of horses and their people everywhere. The program succeeded in its goal due to the many wonderful members, parents and leaders that shared so much of their time and expertise.

4-H volunteers are not paid; not because they are worthless but because they are priceless!

Thank you for sharing your time and talents!

Without YOU,  
it all wouldn't happen!



A special thank you to  
Mary Anne and Dana!

them apply it at the Horse Exhibit Day. We saw such improvement over the two events. All the kids are doing so much more and are having a great time.

Both Mary Anne and Dana commented, "We are thrilled that everyone worked together to make the events successful. The wonderful judges who worked with the kids made it like a clinic-style field day with their invaluable feedback to each inquiring child. We are hoping for even more attendance next time!

By: Rachel Lenchner



Thank you to our many wonderful volunteers!

Angie Doyle

Amber Rappozo

Donna Thompson

Meet Clayton Merrill



Meet Clayton Merrill...

A natural leader and announcer, Clayton served as MC for the Horse Exhibit Day event. Everyone was impressed with his jovial demeanor and spontaneity. At only 16, Clayton showed an uncommon ability to introduce all classes and contestants capably while making everyone feel special by calling out names of contestants and even including jokes. He has a really great presence.

Clayton is no stranger to 4-H and horsemanship. He has been around horses all his life and was in the Horse Mastership Program and Horse Project with Vineyard 4-H for 2 years. He has been participating in 4-H a total of 6 years, was the Club's President for 3 years, and has worked with various projects such as lamb, shooting, chickens, and, of course, horses.

When asked what got him interested in announcing, he responded, "I am not bothered by being up in front of a group of people, a trait I picked up from my dad." His enjoyment of announcing really shows...

**4-H** is about more than the ribbons and awards...

It's about the people, the **EXPERIENCES**, the life-long skills, the memories, the **GOALS** **LEARNING**

It's about BEING A ROLE MODEL, giving back, and **MAKING THE BEST BETTER**



  
**ALONE WE CAN DO SO LITTLE. TOGETHER WE CAN DO SO MUCH.**  
 -HELEN KELLER









## **“Kick Up Your Heels Good” Horse Muffins!**

### **Ingredients:**

1 cup grated carrot

1 apple – grated

1 cup rolled oats

1 cup flour

1 T vegetable oil

¼ cup molasses

Pinch of salt – if desired

### **Preparation:**

Mix carrot and apple.

Add oats and flour.

Stir in oil and molasses.

Add salt - optional.

Scoop into muffin/cupcake baking pan or paper liners with an ice cream scoop.

Bake at 350 degrees for 15 - 20 minutes.

