



A monthly newsletter for 4-H Members, Leaders, Parents, Alumni, and Supporters in Santa Barbara County

May 2018



Office Hours :

Monday-Friday,

Except Holidays

8:00am - 4:00pm

(Please call ahead before stopping by)

4-H Staff:

Janelle Hansen

4-H Program Supervisor

(805) 893-3409

jmmhansen@ucdavis.edu

Andrea Hollister

*4-H Community Education
Specialist II*

aeborunda@ucanr.edu

(email only)

4-H Exhibit Day

(open to 4-H members in Santa Barbara County)

May 19, 2018

Santa Maria Fairpark

Registration NOW OPEN: [http://www.sb4h.org/County 4-H Events/
Exhibit Day/Division Entry Forms/](http://www.sb4h.org/County%204-H%20Events/Exhibit%20Day/Division%20Entry%20Forms/)

Entry must be received by MAY 7th, 2018

The 4-H Exhibit Day in Santa Barbara County is a very exciting educational event where 4-H members come together to show large animal, small animal, and still exhibits and compete for the title of "County Winner" in each division. Project leaders, 4-H families, alumni, and friends come out to support the members and see what they've been working on during the program year.

The Exhibit Day Committee is hard at work planning an Exhibit Day that's bigger and better than ever!

Silent Auction: Each Club is encouraged to bring two Auction Items. All Auction proceeds go to help cover Exhibit Day expenses

EXHIBIT DAY WORK DAY

ALL EXHIBIT DAY PARTICIPANTS ENCOURAGED TO HELP SET UP PENS PRIOR TO THE EXHIBIT DAY EVENT ON

Friday May 18, 2018 from 3:30-5:30pm

We Are 4-H is published by the 4-H Youth Development Program in Santa Barbara County, University of California, Cooperative Extension, Division of Agriculture and Natural Resources. We Are 4-H is a monthly newsletter for Santa Barbara County 4-H leaders, members, parents, alumni, and supporters.

Please submit articles and photos by the 15th of each month to:

Janelle Hansen, Editor
UCCE 4-H Office
7127 Hollister Ave. Suite 7
Goleta, CA 93117
Ph. (805) 893-3409
jmmhansen@ucanr.edu



Katherine F. Soule

Katherine F. Soule

Director of Cooperative Extension, SLO & SB Counties & Youth, Families & Communities Advisor

U.C. Cooperative Extension-SLO
2156 Sierra Way, Suite C
San Luis Obispo, CA 93401
kesoule@ucanr.edu

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Remembering a great 4-H leader

Eleanor "Elly" Jean Robb

Elly's love of horses began as a child, and she eventually became an esteemed horse trainer and riding instructor, owning and operating Mission Hills Stables on Rucker Rd., since 1957. She loved teaching people about horses and riding, especially children. She was the Lompoc Valley 4-H Horse Project Leader for over 35 years. A founding member of the Lompoc Valley Riders, and an active board member of the club until 2013. Elly was also an accomplished sketch artist & leather crafter. As a caring woman, Elly touched the hearts and lives of many, especially the generations of horsemen and women who grew up around her and the stables. We will always remember an incredible 4-H leader, please keep her family in your thoughts.



"4-H Club NEEDS YOUR HELP. The Playa Del Sur 4-H Club in Carpinteria, CA suffered devastating losses in the January floods and mudslides. Please link to the sign-up below and donate whatever you can."

<https://app.momclone.com/gatherings/351-help-playa-del-sur-4-h-club-get-back-on-its-feet>



Up coming County 4-H events:

4-H HORSE EXHIBIT DAY

SUNDAY, May 6, 2018

Santa Ynez Equestrian Center

Check-in: 9:00 am. Opening Ceremony: 10:30am



4-H in Santa Barbara County Fashion Revue 2018

Spring into Fashion

Saturday May 5, 2018
Lakeview Jr. High
School, Orcutt
2pm-4pm

Competitions that require member to be active in a Clothing and Textiles project:

- ▲ **Traditional:** a garment sewn for and by a 4-H member.
- ▲ **Upcycled:** take an old garment and cut it apart to create something new.
- ▲ **See it Sew it Challenge:** sew an outfit to replicate a picture in a magazine, catalog or online.



Open Competitions,
no project requirements:

- ▲ **Consumer Science Purchased, \$40 limit:** create a fashionable outfit, keeping the total under \$40. (everything visible from head to toe needs to have a receipt showing purchase in current 4-H year.)
- ▲ **Retro/Vintage Inspired Challenge:** pick an era (20's, 60's, etc) create an outfit that would be appropriate for the era chosen. One item of the outfit needs to be hand made by member but other pieces can be purchased

For more information and guidelines go to:
http://4h.ucanr.edu/4-H_Events/SFD/SFR/

Registration deadline
Monday April 23, 2018
Online Registration can be found on
sb4h.org

One member per age division (Junior, Intermediate and Senior) in each of the five categories can advance to State Fashion Revue on June 2, 2018 at UC Davis.

Questions? Please contact Fashion Revue Coordinator, Valerie Merrill
(805)310-1086(cell) or valeriekae@gmail.com



University of California

Agriculture and Natural Resources ■ 4-H Youth Development Program

News from around the County

County Horse Mastership 4-Hers enjoy their visit to Platinum Performance

By: Rachel Lenchner



The 4-H members of the Santa Barbara County Horse Mastership Project really enjoyed their tour of the Platinum Performance facility in Buellton on February 19, 2018. The staff made this private tour very special with a visit around the entire facility to include where they make the products, packing and shipping and a visit with the scientists who ensure product quality. The group learned that products are available for not only horses, but the many other farm and family pets/animals that are beloved 'family members', including people!

The Team was generous with their time and made themselves available to share information about the development and heritage of Platinum Performance, the science behind their products as well as answer the many questions the kids asked.

Audrey L. had this to say about the program, "It was interesting learning that they make human, horse, dog, and chicken supplements. It was fun because I didn't really expect how they did it to be so advanced. I thought it was just a factory. They showed us how they tested the products to ensure that the quality was the best it can be."

Sarah L. said, "I liked best that all the different ingredients went into the big bucket and mixes it all up so well that each serving had all the nutrients it needed. We also saw that the liquid formula they have goes into syringes for easy use. It was great meeting the staff who are so enthusiastic about what they do. Cool job."

A participating parent comments, "It was wonderful to have the scientists there to educate us on the many details of the ingredients, quality controls and testing processes. I also enjoyed learning about the history and development of Platinum Performance. You can only buy it through veterinarians and there at the factory. There were really helpful and informative tour guides who have been there a long time."

Everyone left with a much better idea of what this valued local business, Platinum Performance, contributes to the animal and human industry in its commitment to health and wellness. We thank the Herthal family for their vision and the entire Platinum Performance Team for sharing their time and helping, among other animals and humans, our equine friends. We are grateful that you spent your time teaching the County Horse Mastership Program 4-hers the value of and commitment in what you do each day.

For more information on this amazing place, please go to: <https://www.platinumperformance.com>



**Platinum
Advisor
Team**

With Best in Class service, the Platinum Advisor Team provides nutritional recommendations, answers and support. As athletes and animal owners themselves, they answer your tough questions, but most importantly they care deeply about the health of your animals.



**Thank you, Platinum
Performance Team !**

*The kids of the Santa Barbara County
Horse Mastership Project*



[http://cesanluisobispo.ucanr.edu/uccalfreshslob/
UC Garden Nutrition Extenders/](http://cesanluisobispo.ucanr.edu/uccalfreshslob/UC_Garden_Nutrition_Extenders/)

*Interested in gardening?
Enjoy working with youth? Want to enhance your
school or community garden?*

UC Garden Nutrition Extender Training 2018

When: Mon. & Wed. July 9-Aug 8, 2018
1pm – 4pm

Where: Seven Sisters Garden, UCCE
2156 Sierra Way San Luis Obispo

For more information:

<http://ucanr.edu/p/55867>



UNIVERSITY OF CALIFORNIA
Center for Nutrition Education



University of California
Agriculture and Natural Resources

San Luis Obispo and Santa Barbara Counties

UC GNE Coordinator:
Abbi Marrs
mbmarrs@ucanr.edu
805.781.5947

Thank you to Trudy Shank and Sheila Shank for their dedication to Camp Wahoo! As many of you know Sheila has moved and Trudy has taken on more responsibility with the Cinco Campanas 4-H Club. We are in need of an individual or a team of individuals that would like to run Camp Wahoo!



For complete job description visit

http://www.sb4h.org/SB_CO_4-H_Youth_Development_Program_YDP/

Management Board

Board Chair	Carla Renard	renard@silcom.com
Assistant Chair	Ron Vieira	ron.vieira@hotmail.com
Treasurer	Dan Marchiando	dan@yourbestinterest.net
Secretary	Pam Rohr	
Fundraising/ Gift Giving	Mary Thieleke Jackson	mthieleke@aol.com
2017-2018 All-Star	Anna Scheck	hjscheck@hotmail.com
All-Star Advisor	Heather Scheck	hjscheck@hotmail.com
Awards Director	Kim Densmore	kimdensmore@msn.com

Program Development Board

Small Animal Science Key		
Large Animal Science Key	Kayla Hutcheson	kay-la.hutcheson@gmail.com
Adult Key Leader	Kim Densmore	kimdensmore@msn.com
Shooting Sports Key	Steven Adam	elkhunter45120@aol.com
Camp Wahoo! Director		

County Level Volunteer Opportunities

Would you like to share your time, and talents on the Management Board or Program Development Board? Do you know someone that would be an asset to one of the Boards? Please consider one of the positions below.

Management Board Positions

Outreach and Visibility Director

For complete job descriptions visit,

http://www.sb4h.org/SB_CO_4-H_Youth_Development_Program_YDP/

Bay/Coast Area Representative

For complete job description visit

http://www.sb4h.org/SB_CO_4-H_Youth_Development_Program_YDP/

Program Development Board Positions

Culinary Arts & Healthy Living Key Leader

Shooting Sports Key Leader

Expressive Arts Key Leader

Citizenship Key Leader

Science Technology Engineering & Mathematics (STEM) Key Leader

For complete job description visit

http://www.sb4h.org/SB_CO_4-H_Youth_Development_Program_YDP/

State 4-H News & Updates

The state veterinarian has been informed that some market lamb youth have been using an unapproved product (melatonin) in project animals. Please share the information below widely so we can stop this ILLEGAL activity.

Although melatonin is available over the counter as a sleep aid/regulator for humans, it is classified as a dietary supplement and therefore not approved by the Food and Drug Administration (FDA). The FDA does not approve or license dietary supplements; it only tests them for safety (no contaminants, etc.).

Melatonin is a hormone. It is approved for use in food animals in other countries, but in the U.S., it is only approved for use in mink “to accelerate the fur priming cycle.” See the info below from the FDA site; it specifically says “do not use in food-producing animals.”



Because melatonin is not approved for use in food animals in the U.S., no withholding times have been established for it. This means the residue tolerance level is ZERO. The Food Animal Residue Avoidance Database says no recommendations can be made regarding withholding times to achieve zero residue in animals that have been treated with this hormone.

Do not confuse this issue with extra-label drug use (ELDU). ELDU is permissible under the guidance of a farm’s veterinarian in specific circumstances (details at <https://www.fda.gov/AnimalVeterinary/GuidanceComplianceEnforcement/ActsRulesRegulations/ucm085377.htm>). A critical aspect of ELDU: “it is limited to circumstances when the health of an animal is threatened, or suffering or death may result from failure to treat. This means extralabel use to enhance production is not permitted.” Uninformed or unscrupulous sheep producers use melatonin to enhance wool/hair growth and to calm excitable animals; these are production issues (and “show animal” production issues at that), not health issues, so this use does not fall under legal ELDU. Additionally, ELDU only pertains to medications approved by the FDA for animals or humans; melatonin is not approved by the FDA. For a comprehensive and up-to-date resource of FDA-approved medications, see <https://animaldrugsatfda.fda.gov/adafda/views/#/search>.

Summary

- Melatonin is not approved for use in food animals in the U.S.
- Using melatonin in food animals violates federal food safety regulations
- Using melatonin never qualifies for legal extra-label drug use
- Penalties and incarceration are possible when food safety regulations are violated
- It is critical for food animal producers to use credible sources to thoroughly investigate the legality of any products they use in or on their livestock
- Use of unapproved medications threatens the reputation of all youth-grown food animal products, risks exclusion of youth market animals from processing plants, and endangers the future of youth livestock market sales

Best,
Jessica Bautista
STEM Academic Coordinator
jbautista@ucanr.edu

2018 California State 4-H Field Day

The 2018 California State 4-H Field Day will be held on Saturday, June 2, 2018 at UC Davis.

This is largest and most comprehensive educational event for 4-H youth members (age 9-19) and 4-H volunteer educators, California State 4-H Field Day has more than 1,500 participants annually. Since 2002, 4-H'ers from throughout the state have come together to connect and compete in this statewide event, held annually on the campus of the University of California, Davis. The goal of the event is to provide a culminating experience for 4-H members in their year-long 4-H education in public speaking, textiles, plant sciences, photography, interview skills, and entomology. Please stay tuned for more information!

For more information please visit the link below:

http://4h.ucanr.edu/4-H_Events/SFD/



Registration for Cal Focus is now open!

Registration is now open for the 2018 California Focus conference!

California Focus
June 22-26, 2018
Holiday Inn - Sacramento Downtown Arena
Sacramento, CA

Join us in our state capitol to experience government in action: from voter registration to elections, proposing, debating, and passing bills, and even a visit to the State Court of Appeals to learn how laws are enforced in court.

Learn more about the event and register online from our [California Focus event page](#)

Registration deadlines:
May 4th for chaperones
May 21st for participants



Get state-level 4-H experience as a State Advisory Committee member

4-H Youth and adults are encouraged to apply for one of our State Advisory Committees by May 31, 2018.

Advisory Committees:

- Animal Science
- Camping
- Civic Engagement
- Educational Technology (ETAC)
- Incentives and Recognition
- Policy
- Science, Technology, Engineering and Mathematics (STEM)
- Shooting Sports
- Volunteer Development



Pictured: 2017-18 ETAC Advisory Committee

(Note: The Healthy Living and Multicultural & Community Engagement Advisory Committees are currently not seeking new applicants)

[Learn more about State Advisory Committees](#)

For more information about 4-H in Santa Barbara County visit <http://www.sb4h.org/>

Or the California 4-H Website at <http://4h.ucanr.edu/>

4-H Master Calendar 2018

5/5/2018 [Fashion Revue in SBC](#)

5/6/2018 [Horse Field Day](#)

5/19/2018 [Exhibit Day](#)

6/2/2018 [State Field Day](#)

6/22-26 [California Focus](#)

7/11-15/2018 [Santa Barbara County Fair](#)

If you have an event you would like to have published on the website, Facebook page or this newsletter please contact Janelle Hansen at 805-893-3409 or jmmhansen@ucanr.edu

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