



*A monthly newsletter for 4-H Members, Leaders, Parents, Alumni, and Supporters in Santa Barbara County*

Monthly Highlights

August 2014

## San Barbara County 4-H Youth Development Program online registration enrollment process

For instructions on how to enroll online in your 4-H club for the 2014-2015 4-H Program Year, please go to the county website: [http://www.sb4h.org/Enrollment\\_Information/](http://www.sb4h.org/Enrollment_Information/).

**NOTE:** After you log into <https://ca.4honline.com>, you will need to use the family email address associated with your online enrollment profile. This is usually the email address where you receive the 4-H newsletter. If your email address does not work or if you are having trouble logging into the 4hOnline system, contact the 4-H office at (805) 893-3410 or via the email address: [aeborunda@ucanr.edu](mailto:aeborunda@ucanr.edu)

**Also Note:** The 4hOnline System will prompt you to print out the Youth Medical Release forms (two pages). Adult Project Leaders will have to print out the Medical Release forms as well. Fill them out and turn them into your club Volunteer Enrollment Coordinator or Community Club Leader along with your club dues.

***It is important that you do not create a new profile if you are a Re-Enrolling 4-H member as you already have a database profile in 4hOnline. Please see the instructions on how to re-enroll.***

We have held trainings for your 4-H Community Club Leader and/or Volunteer Enrollment Coordinator (VEC) for your 4-H club for this new online registration site: <https://ca.4honline.com>

### Enrollment Fees for 2014-2015

The 4-H enrollment fees for 2014-2015 are as follows:

- State 4-H Accident/Sickness Insurance and Program Fees (commonly called "adult insurance") will be \$12 per adult.
- State 4-H Accident/Sickness Insurance and Program Fees (commonly called "youth insurance") will be \$34 per youth.
- Santa Barbara County 4-H Program Fee (commonly called "fair share" fee) will increase at \$15 per youth. **\*NEW INCREASE\***

Each 4-H Club may charge an additional club enrollment fee to help cover club expenses. Please check with your Volunteer Enrollment Coordinator (VEC) or Community Club Leader (CCL) regarding club fees.

Santa Barbara County 4-H Club Contact List: [http://www.sb4h.org/Club\\_Websites/](http://www.sb4h.org/Club_Websites/)



Office Lobby Hours :  
Monday-Friday,  
Except Holidays

9:00am - 5:00pm  
Closed 12:00pm -  
1:00pm

#### Staff:

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*We Are 4-H* is published by the Santa Barbara County 4-H Youth Development Program, University of California, Cooperative Extension, Division of Agriculture and Natural Resources. We Are 4-H is a monthly newsletter for Santa Barbara County 4-H leaders, members, parents, alumni, and supporters.

Please submit articles and photos by the 15<sup>th</sup> of each month to:

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*Katherine F. Soule*

**Katherine F. Soule**

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No endorsement of named products and/or companies is intended, nor is criticism implied of similar products and/or companies which are not mentioned. Persons with special needs wishing to attend a program should contact the 4-H Office in advance. Efforts will be made to accommodate your special needs.

**The Santa Barbara County 4-H, UCCE Office will be moving to a new office location in Goleta by October.**

**More information and address details coming soon..**



## Santa Barbara County 4-H Management Board Brief:

Santa Barbara County 4H Management Board Meeting

July 28, 2014

The 4-H Management Board met on July 28, 2014 at the 4-H office. Mary Thieleke-Jackson spoke of the State of 4-H presentation held on June 27<sup>th</sup> in Buellton and reiterated that the Strategic Plan, Business Plan, measurable outcomes and program assessments are reviewed and evaluated on an ongoing basis and as such, the documents handed out at the presentation are to be considered an ongoing work in progress. Mary also reminded everyone of the 4-H Code of Conduct and advised the Board that each Board member is a 4-H Santa Barbara County Ambassador and will be held to the highest standard. The 4-H Constitution and By-Laws review Task Force continues to work on the documents and is actively seeking adults and senior members to be a part of the Task Force. The documents will soon be sent to all Key Leaders for review and input. Karen Skou-Ludwig and Mike Norris have resigned as co-chairs of the Exhibit Day committee. Ron Vieira has volunteered to co-chair this committee and is looking for adults and senior members to assist. When a facility and date have been secured for the annual fall Community Leader training, an announcement will go out to all Leaders and Club Board Members. A discussion was held regarding gifts of appreciation for individuals who volunteer to judge during our 4-H events. Janelle Hansen reviewed the State 4-H policy on the matter and has developed forms for requesting funds and disbursement for this purpose. The 2014-2015 budget was reviewed and approved as proposed. Officer book judging will take place August 23<sup>rd</sup> at the 4-H office. Each club is asked to send a minimum of one adult volunteer to the judging. There are many books to review and the more people we have to help, the quicker the process will be. The judging will begin at noon to allow those to attend who may also need to pick up Fair checks that morning. The remaining 2014-2015 Management Board meeting dates, usually held on the 4<sup>th</sup> Monday of the month are as follows: September 22, November 24, January 26, May 18. The Management and Program Development Boards' joint meeting will either be March 23 or April 27, depending upon the availability of PDB members.

# Treasurer Update

*Treasurers and Treasurer Advisors* there will be 2 Treasure Training opportunities offered this year, please make one of them. They will be the same training, just for your convenience it will be held twice and in two different locations in hopes that one of them will be convenient for you. The State has published a new Treasurers Manual that we will be using this year. This is the link for the manual, <http://4h.ucanr.edu/files/14647.pdf> , please take some time to read through it before arriving at the training. Here are your choices for training dates:

**Wednesday, August 27 from 6:30 to 8:00 at St. Joseph High School.** *We will meet in the conference room that is located in back by the tennis courts.*

Or

**Saturday, September 13 from 10:00 to 11:30 in Goleta at the 4-H office.**

I look forward to meeting all of you and working with you this year. Please feel free to contact me if you have questions or concerns.

Janelle Hansen  
Management Board Treasurer  
805-934-0264  
Jmhan4@aol.com

## 4-H Officer's Manual

**Do you know about the 4-H Officer's Manual?**

**The 4-H Officer's Manual is designed specifically for the 4-H club officer. If you're a club officer, this resource will help you be a great leader and learn the responsibilities of your job as well as the job of your fellow officers.**

### [4-H Officer's Manual](#)



[Treasurer Manual \(2014\)](#) **\*\*New\*\***

[4-H Club Program Planning Guide](#)

[4-H Healthy Living Officers Guide](#)

# Save the Date

## 4-H Officer Book Judging and 4-H Office Open House

**August 23, 2014  
12pm-5pm**

UC Cooperative Extension 4-H Office  
6950 Hollister Ave., Suite 275,  
Goleta, CA 93117

The 4-H Office staff invite Community Club Leaders and other Adult 4-H Volunteers to the 4-H Officer Books Judging & 4-H Office Open House. Come help judge Officer Books. Get new ideas and 4-H resources to take back to your clubs, look at 4-H project curriculum, and leisurely share "best practices" with each other in a relatively casual, fun open house atmosphere.

*Each club is asked to send a minimum of one adult volunteer to the judging. There are many books to review and the more people we have to help, the quicker the process will be.*

*If you are interested in volunteering at Officer Book Judging please RSVP on the link below:*

<http://ucanr.edu/survey/survey.cfm?surveynumber=13518>



## Platinum Star

**The Platinum Star is the highest achievement a 4-H member can earn in their 4-H Club!** These 4-H members must have completed twelve 4-H projects, served as a Junior or Teen Leader four times, and given fifteen presentations, among other requirements. The platinum star was introduced in 2006.

***If any 4-H Clubs have 4-H youth members that have received a Platinum Star for the 2013-2014 year and would like their names listed on the CA 4-H website, please contact the 4-H Office @ [aeborunda@ucanr.edu](mailto:aeborunda@ucanr.edu)***



To view past 4-H Platinum Star Recipients please visit,  
<http://4h.ucanr.edu/Resources/Members/Stars/>

**Please submit requests no later than August 31, 2014.**

# Community Outreach Opportunities



## Santa Maria Bonita School District Healthy School Food Pantry



Thursday, August 21, 2014

5:30-6:00pm (Set Up Time) - 6:00-8:00pm (Community Outreach Time)

Location: 313 W Tunnell Veteran's Memorial Center, Santa Maria

Looking for 4-H clubs to participate!!

Over three hundred families attend and participate in the Healthy School Food Pantry in Santa Maria. There are cooking demonstration, music and art activities for children, and a community outreach room.

**If your 4-H club is interested in participating and has an interactive project to share with the Santa Maria community this is a great place to do it!**

**For more information or to sign-up please contact Andrea Borunda (805) 893-3410 or [aeborunda@ucanr.edu](mailto:aeborunda@ucanr.edu)**

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## 4-H Booth - YMCA Family Day in the Park - at Waller Park August 17th, 2014

4-H Outreach Booth - Family Day at Waller Park - August 17th, Help us get the 4-H word out by manning our outreach booth at the Family Day at the park. Help run our interactive Agua Pura educational display. If your club has an interactive project to share with the community this is a great place to do it! For more information or to sign-up please contact Andrea Borunda (893-3409 or ) [aeborunda@ucanr.edu](mailto:aeborunda@ucanr.edu).



# County Level Volunteer Opportunities

## Culinary Arts & Healthy Living Key Leader

The Healthy Living & Culinary Arts Key Leader is responsible for the function of the Healthy Living & Culinary Arts Program Development Committee and for working with the chairpersons of event/activity committees in the Healthy Living & Culinary Arts areas. The key leader functions as a critical link between the Healthy Living & Culinary Arts event/activity committees, the Healthy Living & Culinary Arts Program Development Committee, the 4-H Office, and the 4-H Youth Development Advisor.

*For complete job description visit*

[http://www.sb4h.org/SB\\_CO\\_4-H\\_Youth\\_Development\\_Program\\_YDP/](http://www.sb4h.org/SB_CO_4-H_Youth_Development_Program_YDP/)

## Science Engineering & Technology (SET) Key Leader

The SET key leader is responsible for the function of the Science, Engineering & Technology (SET) Program Development Committee and for working with the chairpersons of event/activity committees in the SET areas. The Key Leader functions as a critical link between the SET event/activity committees, the Science, Engineering & Technology (SET) Program Development Committee, the 4-H Office, and the 4-H Youth Development Advisor.

*For complete job description visit*

[http://www.sb4h.org/SB\\_CO\\_4-H\\_Youth\\_Development\\_Program\\_YDP/](http://www.sb4h.org/SB_CO_4-H_Youth_Development_Program_YDP/)

## Expressive Arts Key Leader

The Expressive Arts key leader is responsible for the function of the Expressive Arts Program Development Committee and for working with the chairpersons of event/activity committees in the Expressive Arts areas.

The key leader functions as a critical link between the Expressive Arts event/activity committees, the Expressive Arts Program Development committee, the 4-H Office, and the 4-H Youth Development Advisor.

*For complete job description visit*

[http://www.sb4h.org/SB\\_CO\\_4-H\\_Youth\\_Development\\_Program\\_YDP/](http://www.sb4h.org/SB_CO_4-H_Youth_Development_Program_YDP/)

## Citizenship Key Leader

The Citizenship Key Leader is responsible for the function of the Citizenship Program Development Committee and for working with the chairpersons of event/activity committees in the Citizenship areas. The Key Leader functions as a critical link between the Citizenship event/activity committees, the Citizenship Program Development Committee, the 4-H Office, and the 4-H Youth Development Advisor.

*For complete job description visit*

[http://www.sb4h.org/SB\\_CO\\_4-H\\_Youth\\_Development\\_Program\\_YDP/](http://www.sb4h.org/SB_CO_4-H_Youth_Development_Program_YDP/)

## Adult Leadership Key Leader

The Adult Leadership Key Leader is generally an experienced 4-H volunteer leader who serves as a middle manager and who has the overall responsibility for the development and delivery of programs to 4-H adult volunteers in the adult leadership area. The Key Leader is responsible for the function of the Adult Leadership Program Development Committee and for working with chairpersons of event/activity committees in the Adult Leadership area. The Key Leader functions as a critical link between the Adult Leadership event/activity committees, the Adult Leadership Program Development Committee, the 4-H Office, and the 4-H Youth Development Advisor.

*For complete job description visit*

[http://www.sb4h.org/SB\\_CO\\_4-H\\_Youth\\_Development\\_Program\\_YDP/](http://www.sb4h.org/SB_CO_4-H_Youth_Development_Program_YDP/)

# County Level Volunteer Opportunities

We are currently recruiting volunteers for the following Key Leader positions:

*Culinary Arts & Healthy Living Key Leader and Science Engineering & Technology (SET) Key Leader, Citizenship Key Leader & Expressive Arts Key Leader*



The 4-H Program Development Board is made up of ten members who serve as "Key Leaders" in their respective program area(s). The board meets 4-5 times a year and is responsible for the overall direction, development and delivery of quality educational programs and events to 4-H members in our county. In addition, each member of the board serves as a "Key Leader" in their area of responsibility and as a resource to 4-H members and 4-H leaders. The 4-H Youth Development Management Board provides oversight.

***Some of the Key Leaders are looking for more adults and teens to join their committees. We welcome people from inside and outside 4-H to join the boards and committees. Please contact the Key Leader if you are interested in serving on a committee.***

For complete job description visit

[http://www.sb4h.org/SB\\_CO\\_4-H\\_Youth\\_Development\\_Progam\\_YDP/](http://www.sb4h.org/SB_CO_4-H_Youth_Development_Progam_YDP/)

## **4-H Program Development Board Members**

**Expressive Arts Key Leader** - POSITION OPEN

**Large Animal Science Key Leader** - Kathy Thompson (805) 878-0908 [thompsonpigys@msn.com](mailto:thompsonpigys@msn.com)

**Small Animal Science Key Leader** - Jacquie Voorhees (805) 934-2386 [onebrownsfan@yahoo.com](mailto:onebrownsfan@yahoo.com)

**Youth Leadership Key Leader** - Linda Greco (805) 934-3490 [fyrefly9785@msn.com](mailto:fyrefly9785@msn.com)

**Adult Leadership Key Leader** - POSITION OPEN

**Shooting Sports Key Leader** - Steven Adam (805) 878-7245 [elkhunter45120@aol.com](mailto:elkhunter45120@aol.com)

**Citizenship Key Leader** - POSITION OPEN

**Science Engineering & Technology (SET)** - POSITION OPEN

**Camp Wahoo! Camp Director** - Amy Iliff (805) 598-8222 [amyiliff@gmail.com](mailto:amyiliff@gmail.com)



For more information regarding these open positions, visit our recent **"Restructuring Page"** 7

### Bringing 4-H to Youth with Special Needs

***4-H is for everyone, but all too often, children with special needs believe  
“yeah, everyone but me”.***

This Emerald Star project is designed to invite and welcome youth with special needs into our 4-H family.

My name is Danielle Torres, I am with Los Amigos 4-H and this is my Emerald Star project. I am looking for 4-H members to join me in this endeavor and show youth with special needs how much fun we have, how much we learn, how we each develop our own special skills and how 4-H is for them too!

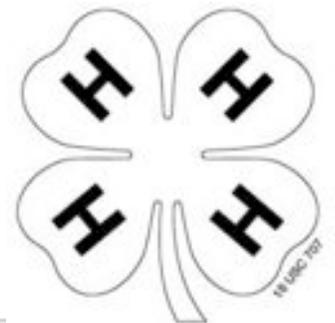
Some of the areas in which you can help when you sign up are; creating fun flyers and posters, collecting contact information on special needs classes and programs in your area where we can promote 4-H, classroom presentations and helping to plan and put on a 4-H event for youth with special needs.

If you would like to be a member of this exciting team please email me your name, contact information, which 4-H club you belong and what aspect of the project you are most interested in. We will be getting started soon so we can present to classrooms in August and September.

I hope to hear from you soon,

Danielle Torres  
Los Amigos 4-H  
Email: [kimdensmore@msn.com](mailto:kimdensmore@msn.com)

P.S. If you have contacted me previously, please know that I have saved your contact information, and yes my mom helped me with this email.





For over five years, we have had the opportunity to work with Catalyst for Cats, a nonprofit organization dedicated to helping stray, abandoned and feral cats. The organization's primary goal is to prevent the suffering of cats, and its main strategy is to reduce and control feral cat populations within our county with [TNR](#)

(Trap-Neuter-Return) and feeding programs. Cats are abandoned every day and we are currently involved helping six mama cats with six litters of kittens from an apartment complex in central Santa Maria.

In July we trapped and socialized fifteen kittens for adoption. Four of our 4-H members, Alex & Caleb Thompson and Elizabeth & Samuel Smith, have been holding and petting these feral kittens into sweet felines. These kittens are about 10 weeks old and are ready to adopt. They have each received their vaccines, FIV testing, worming and have been spayed/neutered. For kitten adoption, we are asking for a tax-deductible donation to Catalyst for Cats. The money will support Catalyst for Cats' activities in our county. To learn more about Catalyst, visit their webpage...<http://catalystforcats.net/>.

If you are interested in adopting one of these rescued kittens, or, if you might want to consider volunteering for Catalyst, please contact me @ 841-1570 , or e-mail me, [amrose@lightspeed.net](mailto:amrose@lightspeed.net).

We hope you have a space for a lovely kitten! Anne Marie Rose



## 2014 State Record Book Competition Open to Senior 4-H Members

Senior 4-H members (*at least 14 years of age and no older than 19 years old by December 31 of the program year for which the book is being entered*) are eligible to enter state competition.

Senior 4-H members who were successful at the county level are encouraged to enter state competition. State competition is focused on selecting 4-H members who have demonstrated outstanding achievement in their 4-H project work. Books are judged against standard criteria. Those books displaying the most outstanding 4-H work, life skills development, and leadership and citizenship development are selected as state medalists and/or state winners.

### Application Requirements

- Assemble Record Book according to the State 4-H Record Book Judging Check Sheet.
- Complete the State Judging Cover Page.
- Take the required Online Record Book Quick Start Course by **October 1, 2014**. (*This is required for all applicants, whether or not they did an Online Record Book.*)
- Submit Record Book to the County Office no later than **October 19, 2014**. County Office will ship the Record Books to the State Office.

Complete Details & Application Resources are available at: <http://www.ca4h.org/Resources/Members/RecordBook/RBCompetition/>

## 4-H Water Policy

***As of July 1, 2014 drinkable water, without anything added, must be available at all 4-H meetings, activities and events.***

In addition, any 4-H fundraisers that include the sale of beverages must include water as an option.

The health and safety of 4-Hers is a priority at all activities and events. Drinking water is crucial for good health and will help prevent dehydration and heat illness. Having water available ensures a healthy beverage choice.

Water is the best option for rehydration when participating in physical activities, and ensures more stamina to complete events. Water contains no sugar, which helps ensure stable energy levels and reduces fatigue. Water contains no caffeine, so hyper-activity, loss of concentration, and possible behavioral problems are avoided. Water is often times free. Choosing water when thirsty is a natural instinct, and should be encouraged.



## California 4-H Policies

<http://4h.ucanr.edu/Administration/Policies/>

This handbook is developed for University of California Division of Agriculture and Natural Resources and its 4-H Youth Development Program staff. Its purpose is to set forth operating policies and procedures for the University of California 4-H Youth Development Program. The 4-H YDP operates within the guidelines, policies and procedures of the University of California (UC), and the Division of Agriculture and Natural Resources (ANR), which encompasses both the Agricultural Experiment Station (AES) and Cooperative Extension (CE or UCCE).





# Santa Barbara County 4-H 2014-2015 Master Calendar



August 14-17	4-H State Leadership Conference 2014, Contact: Linda Greco	UC Santa Cruz
August 17	4-H Booth at Family Day at Waller Park, Contact: Andrea Borunda	Waller Park Santa Maria
August 23	Officer Book Judging @ 12pm, Contact: Andrea Borunda	SB 4-H Office
September 1	4-H Office closed for Holiday	SB 4-H Office
September 20 & 21	4-H Booth at Goleta Lemon Festival, Contact: Andrea Borunda	Girsh Park, Goleta
September 22	Management Board Meeting, 6pm-8:30pm, Contact: Mary Thieleke Jackson	TBD
October 11	Santa Barbara County 4-H National Youth Science Day (NYSD) Time: 1:30-4:30pm, Contact: Kathy Foltz	TBD
November 11	4-H Office closed for Holiday	SB 4-H Office
November 14-16	2014 State 4-H Leaders' Forum	Crowne Plaza Hotel, Sacramento
November 22	Management Board Meeting, 6pm-8:30pm, Contact: Mary Thieleke Jackson	TBD
November 27-28	4-H Office closed for Holiday	SB 4-H Office
January 26	Management Board Meeting, 6pm-8:30pm, Contact: Mary Thieleke Jackson	TBD
July 25-Aug. 2	Santa Barbara County 4-H Camp Wahoo! Contact: Amy Iliff	Cambria, CA